



Endurance Training and Racing

REGISTRATION FORM

Spring Fling Triathlon

Sunday April 22nd, 2012

8:00 AM

400yd Swim/25k Bike/5k Run

Location: Rio Rancho Aquatic Center
 Fees before/on 4/6: Individuals - \$48, Teams - \$119, Junior - \$28, Kids race - \$15
 Fees after 4/6: Individuals - \$58, Teams - \$139, Junior - \$38, Kids race - \$15
 info: Go to TriSportCoaching.com for more information about the race, or contact the race director Mark Mico at Mark@TriSportCoaching.com.

This race is limited to 400 entries. Registration will close when the max number is reached. Online registration closes 6PM April 21! Mail in forms must be postmarked by 4/12.

Registration online via Active.com or mail this form together with a check payable to TriSport: TriSportCoaching, PO Box 94703, Albuquerque, NM 87199

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 EMAIL: _____ PHONE: _____

A confirmation will be sent to you via email when we have received your registration.

SHIRT SIZE: XS S M L XL (Unisex, sizes run on the larger side)
 KIDS RACE SHIRT: S M L (Youth sizes, so on the larger side)
 MALE ____ FEMALE ____ AGE ON 12/31/12: ____ BIRTHDAY ____ / ____ / ____
 ESTIMATED 400yd SWIM TIME (minutes) _____ USAT License Number _____
 Racing as: Individual __ Athena __ Clydesdale __ PC __ Youth 4-7 __ Youth 8-12 __
 Team _____ Team name: _____

Additional team members names, USAT License# and shirt sizes for each:

_____ USAT # _____ Shirt size _____
 _____ USAT # _____ Shirt size _____

Registration fee: _____

*1-day USAT license (\$12): _____

Total: _____

All entrants must have an annual USA Triathlon license, or purchase a \$12 one-day license at registration/packet pick up. To purchase an annual, go to www.usatriathlon.org. Entrants must bring current USAT license and photo ID to packet pick up. Does not apply to Kid's race!

RELEASE OF LIABILITY – PLEASE READ CAREFULLY AND SIGN

In consideration of your acceptance of this entry, by my signature, intending to be legally bound for myself, my heirs, executors and administrators. I waive and release any and all rights and claims for damages I may have against Tri Sport Coaching, and all other organizers, sponsors and personnel associated with this event, the Spring Fling Triathlon, for any and all injuries sustained and suffered by me during this event. I also understand that in the event this race can not be held as scheduled due to the act of Nature or circumstances beyond control, my entry fee is non-refundable. IN CASE OF INJURY OR INABILITY TO FINISH THE RACE, I HEREBY GRANT THE EVENT ORGANZIERS PERMISSION TO TRANSPORT ME/MY CHILD TO THE NEAREST AID STATION OR MEDICAL FACILITY. Further, I hereby grant full permission to use any photographs, videotapes, motion picture recording, or any other record of this event for any legitimate purpose. I understand that the entry fee is NON-REFUNDABLE, and that the race numbers are non-transferable.

SIGNATURE OF ENTRANT & date

SIGNATURE OF PARENT OR GUARDIAN if under 18 & date